



Why your involvement and support is so vital to Wellspring Niagara?

"Life and cancer doesn't end at the hospital and Wellspring Niagara is always here for us. We feel very fortunate to have it in our lives." -- **Wendy Gauthier**, Wellspring Niagara Member

Women of Worth Magazine Online Silent Auction

August 25, 2020

Women of Worth Magazine
4416 Morrison Street
Niagara Falls, ON L2E 2B3

On behalf of **Wellspring Niagara Cancer Support Foundation**, thank you for choosing our organization and making our charity one of the recipients of the **Women of Worth Magazine Online Silent Auction** running from **March 1-28, 2021**. Money raised from this auction will directly benefit the many cancer support programs and services, offered free of charge, to the people of Niagara who are impacted by cancer in their lives.

Wellspring Niagara is a Regional Cancer Support Centre that offers free social, emotional, psychological, rehabilitative and informational support to people coping with the realities of cancer every day. A not-for-profit charitable organization, **Wellspring Niagara** opened its doors in June 2001 and serves residents from all across the Niagara Region. Every year since, **Wellspring Niagara** has raised the funds required for its operations because of the generous financial and voluntary support received from the people and businesses in Niagara - the community we serve.

Wellspring Niagara receives **NO** government funding and is not supported by any other cancer-related organization. We rely solely on the financial support of the community we serve, where 100% of the proceeds we raise stay in the Niagara Region. **As Niagara's only cancer support centre**, the demand for our programs and services are at an all-time high, with new needs continuing to emerge. In order for Wellspring Niagara to continue meeting this ever-growing need, we must raise the necessary funds to provide quality-based programming to those we are serving today and will serve in the future. Our new home, located at 50 Wellspring Way in Fonthill, currently offers over 45 free programs and services that have been a lifeline for hundreds of people each year. **Wellspring Niagara** has grown from registering **700 attendances in 2001** (73 people) to registering **6,731 attendances** (980 people) in 2019.

We hope that the generosity from corporate friends of gifts-in-kind, will help you with the resources needed for a successful fundraising auction. Through their generous support they will be making a positive impact in our community and to the hundreds of families that make use of our services.

Wellspring Niagara programs and services include, but not limited to:

- **Individual & Group Support** (patient, caregiver and bereaved)
- **Coping Skills** (Yoga, Qi Gong, Tai Chi, Relaxation for Self-Care)
- **Expressive Therapies** (Art Therapy, Drumming, Quilting, Life Writing)
- **Nourish Programs** (Expert-led Nutrition-based Educational Workshops)
- **Cancer Exercise** (restoring and improving the physical well-being of individuals who are undergoing or have completed cancer treatment)
- **Children's Programs** (child and teen counselling, support for pediatric oncology patients, and children who have family member with cancer)

Again, thank you for your consideration. If you require further information, please do not hesitate to contact Phil Gourlay, Development Officer, Events & Community Outreach at 905-684-7619.

Together, we will continue to build hope for those living with cancer in Niagara.

Sincerely,

Ann Mantini-Celima
Executive Director

Phil Gourlay
Development Officer, Events & Community Outreach