



# Women of Worth Magazine Celebrates...

10 Years of WOW

#### The Power of "THIS TOO SHALL PASS"

by WOW Founder Carolyn Shannon

Often used when working through difficult circumstances in life this is my most 'go to' daily statement when a negative thought or issue presents itself to me. First thought to be from the Bible, the origin isn't definitive although there are 2 researched possibilities born out of Persia or Jewish folklore. No matter where it came from, the AMAZING power of it remains the same.

As a baby I experienced many short cycles of pure joy, peacefulness mixed with pain and sometimes RAGE. In mid cry I could easily break the cycle long enough to smile or outright laugh when distracted by a stuffed toy or silly adult making a face or funny sound.

When I fell into a water hole at a beach near Barrie after being chased by a pair of "Weiner" dogs at the age of four I laid there for what seemed hours. Luckily it had very little water in it due to a hot spell so once I came to, I simply laid back looked at the sky and wondered if I would ever be found. No one, not even my sister who was running ahead of me had seen me disappear into the hole. I remember thinking I was going to die there or never be able to move again if I were found.

Eventually, I was found, lifted, carried and gently placed on our picnic blanket. Of course, I was crying my heart out, that is until I was offered one of my favourite treats. Then I literally forgot about my trauma for the rest of the day. In just a matter of hours, I had experienced a myriad of fearful emotions and thoughts that passed to be replaced by relief and even joy.

I am not sure when I heard these words for the first time. I just know they STUCK more and more with each year of maturity. During my teens the bad and uncomfortable cycles seemed to last way too long. Not so easily distracted I became more self focused. I believed that whatever was happening in the moment would never end. Even a pimple or bad hair day could set me back for days when I was a young adolescent. Like many at this age, and for years to come I felt that once I stepped onto a downhill cycle I would be there forever. Yet THIS Too DID Pass.

Cancer survivors at any age may feel this as they go into a remission cycle filled with new joy and appreciation for life and those who have been where they are. The previous horrible cycle of discovery, treatment and recovery is often appreciated as a time of learning to love themselves again.

After health scares, losses and emotional rollercoaster rides, I began to look back and reflect on all the horrible experiences I thought would never end. THEY DID! Often a memory will reacquaint me with old feelings that need to be released and that is okay. Doing so takes away the power they have to do more damage when stuffed down inside.

They may return or be replaced by others due to the Cycle of Life. I have no doubt of that. I continue to look for and appreciate times of joy, laughter and love more because I have lived through painful moments. I truly trust that when anything challenges my peace again... "THIS TOO SHALL PASS". Praying this pandemic will pass soon too.

#### Well 2020 is over...

And although we will still feel the effects continue throughout this year, maybe it has even given us the opportunity to learn, grow and most of all...

#### Truly RESPECT the RIGHTS of Others to be EQUAL & WELL

Some did, some didn't and that was reflected in the need to lockdown in so many countries even with the vaccines available. Caution this year... FREEDOM for years to come. Let's Do It Together!

I have always felt that as humans we are here to experience life. It is not the amount or degree of traumas or dramas that determine our life's outcome...it is how we evolve with each experience, good or bad.

I WELCOME ALL Past, Present & Potential WOW Gals, WOW Gal Tribute and Pet Angel Tribute contributors to this WOW Gal Celebration. It will be filled with Light, Laughter, Colour and Meaningful Connections with Our "Soul" Sisters. YOU honour US ALL just by being a part of this FUN and INSIGHTFUL Day or Our Women of Worth (Online) Magazine.

**EVERY WOMAN** has a WOW Gal Story. In fact we have many rebirths in one lifetime. Feel free to submit one.

Women of Worth Magazine Founder, Carolyn Shannon



And I also want to introduce you to our Master of Ceremonies of this AMAZING Anniversary WOW GAL Celebration Event.

Please welcome Brenda Toth who sparkles inside and out. She is President of Garden City Toastmasters, Branch Manager of The

Stone Centre. Brenda is an educator and shopping assistant with a health and wellness company.

# What's Inside...

WOW Gal Session Facilitators Pages 2-3

Featured WOW Gals 2011–2021 Pages 5-13

Auction Donor Sponsors Page 17

Featured WOW Gal Angels 2014—2021 Page 19-23

Featured WOW
Pet Angels
2019–2021
Page 27-29

Memories from Our 5 Year Event Page 32

#### **WOW Gal Celebration Agenda**

#### Friday, March 26 -

7:00 pm Test Your Zoom Connections / How To 7:30 pm Online Auction Items Preview

#### Saturday, March 27 -

8:45 am ZOOM in for Registration 9:00 am Welcome & Thank YOUs

9:15 am A Morning of "Light" & Laughter

(60 Min) Presented by Carolyn Shannon

Women of Worth Magazine Founder

10:15 am Morning Break (15 Min)

10:30 am Awakening with Animals Presented By (30 Min) Marybeth Haines - The Gal Speaks

11:00 am WOW PET Angel Recognition/Memories

11:30 am What's On YOUR Lap Game

11:45 am LUNCH Break (60 Min)

12:45 pm Join into ZOOM

1:00 pm The Stories We Tell Presented by (30 Min) Charmaine Grace - Your Next Step to

**Possibility** 

**1:30 pm Short Break** (5-10 Min)

1:40 pm Prosperity at Any Age Presented By
(30 Min) Moira Bush - Moira Bush Academy

**2:10 pm Short Break** (5-10 Min)

2:20 pm Let's Take a Peek Presented By

(30 Min) AnnaMarie Warriner - See the Need

to Let The Healing Begin

3:10 pm Short Break / Catch up (5-20 Min)

3:30 pm Group Sacred Light Infusion Healing
(30 Min) Energy Session - Presented By Lyla
Lee Royer - Heaven Sent Messages

4:00 pm WOW GAL Angel Recognition/Memories

4:45 pm SUPPER Break (2 Hours)

6:30 pm Grab Your Wine & Best Hat / Outfit

6:45 pm Join Into Zoom

7:00 pm WOW Gal Recognition Ceremony

Name This Dance Trivia Game

Who We're Bidding For & Thank Yous

Closing Ceremonies — GO BID!

Women of Worth Magazine 10 Year Anniversary Mar. 27, 2021 Online Celebration Presenter

#### Carolyn Shannon Empowerment Starts Here





#### A Morning of Light & Laughter

An interactive "LIGHT" hearted session in which You will Experience: 7 "Quick Fix" Ways to express daily frustration followed by some Laugh Yourself Healthier Techniques that will leave YOU feeling **AMAZING!** 



Women of Worth Magazine 10 Year Anniversary Mar. 27, 2021 Online Celebration Presenter

#### Marybeth Haines The Gal Who Speaks With Animals





Awakening With Animals: Embracing The Connection

In this interactive presentation, Marybeth will be calling upon the collective animal energy, animal spirit and the beings of light to the vibration of the group and channel messages of love and hope as well as help you with your own connection to the animals in your life, in nature and more.



Women of Worth Magazine 10 Year Anniversary Mar. 27, 2021 **Online Celebration Presenter** 

#### **Charmaine Grace** Your Next Step to Possibility





The Stories We Tell: **How They Affect Our Futures** 

In this interactive presentation, we'll look at the stories we tell and the incredible power they have over our lives. Where our stories come from and how they hold us back. And we will look at how to create stories that build us up and help us step into a future of Passion, Purpose and Possibility!



**Women of Worth Magazine** 10 Year Anniversary Mar 27, 2021 **Online Celebration Presenter** 

#### Moira Bush Moira Bush Academy





In this presentation Moira will help you identify one of 8 major blocks to prosperity and the colour frequency that can help you activate the Law of Attraction to work with you and your family.



**Women of Worth Magazine** 10 Year Anniversary Mar. 27, 2021 **Online Celebration Presenter** 

#### AnnaMarie Warriner Let the Healing Begin



Lets Take a Peek... Into Our Eyes:

Your Only True Asset In Life Is... Your Health

In this presentation, we will be learning what to look for in our own eyes and what it may reveal in relation to our bodies and our health. Then, do a fun, interactive session where we can each look into our own eyes using a magnifying glass, mirror and pen light. (Make sure you have these handy before we start)

#### Let The Healing Begin.ca

Your ONLY True Asset in Life IS YOUR Health!

AnnaMarie Warriner

Iridology, Nutritional Counselor, Online Resourc

Website: www.letthehealingbegin.ca 里歇里 Email: amw@letthehealingbegin.ca Phone: (1-866) 905-354-0228



**Women of Worth Magazine** 10 Year Anniversary Mar. 27, 2021 **Online Celebration Presenter** 

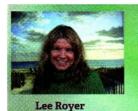
#### Lyla Lee Royer **Heaven Sent Messages**





A Group Sacred Light **Infusion Healing Session:** 

In this interactive presentation, Lyla Lee will introduce us to the touchless infusion of the Sacred Light of God / Source / The Divine. Then take us through a group healing session.



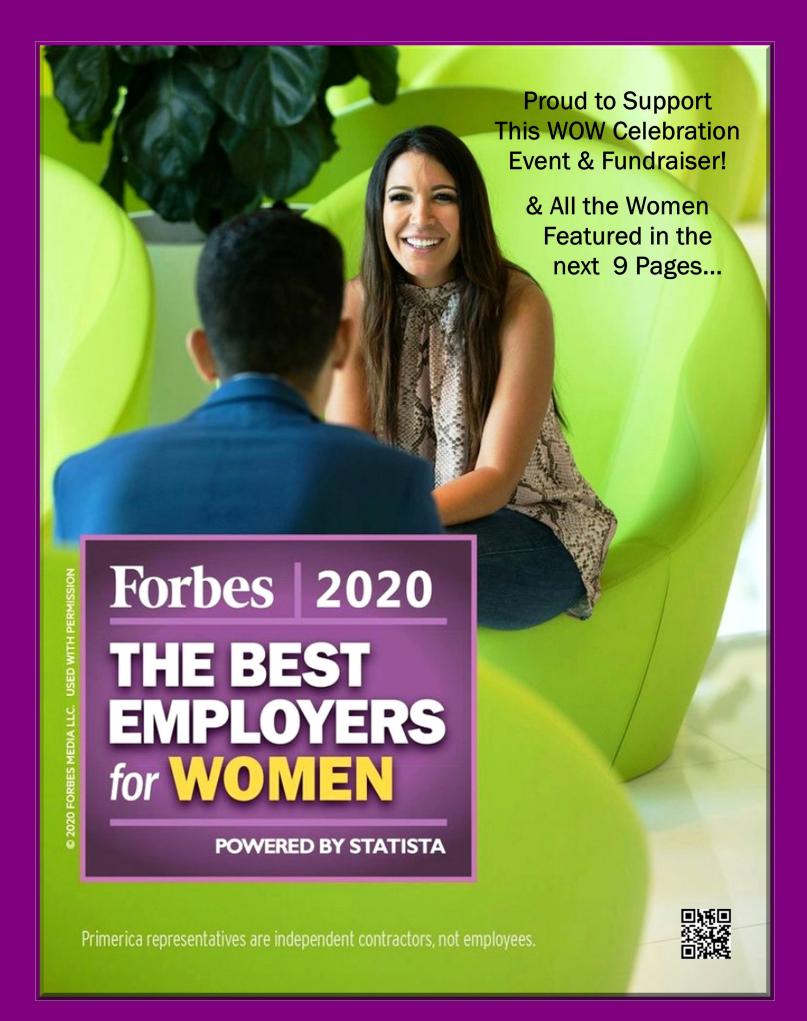
**Natural Healings and** Readings with Lee aka Lyla

Spiritual Clairvoyant Medium

**Reiki Master & Sacred Light Infusion Healer** 

By Appointment Only 519-372-4322 lylamessages@gmail.com heavensentmessages.com

**Past Life Regressions** In Person, Face Time or **Phone Readings** 



#### **OUR AMAZING WOW Gals 2011-21**

#### 2011 WOW Gals

January 2011 WOW Gal <u>Lisa Ellis</u>



February 2011 WOW Gal Ellen Lambert



March 2011
WOW Gal
Gloria
Messenger



April 2011 WOW Gal <u>Victoria Vives</u>



May 2011 WOW Gal Jill Robinson



June 2011 WOW Gal Deborah Powell



July 2011 WOW Gal <u>Karen Stocker</u>



August 2011
WOW Gal
Sue London



September 2011 WOW Gal Cathy Byrnes



October 2011
WOW Gal
Pat Hastings



November 2011

WOW Gal

<u>Diane</u>

McLaren



December 2011
WOW Gal
Amy Whitney



#### 2012 WOW Gals

Still Alive...
Profile Removed
from this
Website
Upon Request



February 2012

WOW Gal

Ginette

Hunter



WOW Gal
Candace
Armenti



April 2012
WOW Gals
June & Laura
Sabo



May 2012 WOW Gals Alison Heath



June 2012
WOW Gals
Cindy Hudson



July 2012 WOW Gal Nellie Jacobs



August 2012
WOW Gal
Lindy Tefft



September 2012

WOW Gal

Carolyn

Nikkanen



October 2012
WOW Gal
Luisa Giaitzis



November 2012 WOW Gal Kathy Russell



December 2012
WOW Gal
Sherry Lynn
Simoes



2013 WOW Gals

January 2013
WOW Gal
Suzanne
Letourneau



February 2013
WOW Gal
Rula Morcos



March 2013
WOW Gal
Elizabethe
Vick



April 2013
WOW Gal
Carolyn
loannoni



May 2013 WOW Gal Dawn O'Dell



June 2013
WOW Gal
Abigail
Norman



July 2013 WOW Gal Amy Flynn



August 2013
WOW Gal
Pat
Hutchinson



September 2013 WOW Gal <u>Kathyrn</u> Kimmins



October 2013 WOW Gal <u>Dawn</u> James



November
2013
WOW Gal
Mary
Shannon



WOW Gal
Katherine
(Vanderzwet)
Rushton



#### 2014 WOW Gals

January 2014 WOW Gal Jackie Turner



February 2014

WOW Gal

Debbie A Anderson



March 2014
WOW Gal
Michelle MacKinnon



April 2014
WOW Gal
Jean Hart



May 2014
WOW Gal
Karma Burris



June 2014
WOW Gal
Janet Oberholtzer



July 2014
WOW Gal
Rose Streete



August 2014
WOW Gal
Lee Royer (Lyla)



September 2014

WOW Gal

AnnaMarie

Warriner



October 2014
WOW Gal
Tia Porter



November 2014
WOW Gal
Linda Deir



WOW Gal
Nancy Broerse



#### 2015 WOW Gals

January 2015 WOW Gal Doreen Hillier



February 2015 WOW Gal Sarah Granahan



March 2015
WOW Gal
Janice
Campopiano



April 2015
WOW Gal
Constance
Zacharias



May 2015 WOW Gal Patty Kay



June 2015 WOW Gal Evelyn Zaklan



July 2015 WOW Gal Sheri Scott



August 2015
WOW Gal
Lisa deNikolits



September 2015
WOW Gal
Lou-Ann
Anderson



October 2015 WOW Gal Gail Ingwall



November 2015 WOW Gal Naomi Feil



December 2015
WOW Gal
Jenny Jardine



January 2016 WOW Gal Moira Bush



February 2016
WOW Gal
Pushpa Bansal



WOW Gal Marybeth Haines



April 2016
WOW Gal
Karen Curry



May 2016
WOW Gal
Marcelle
Billings



June 2016
WOW Gal
Monika
Sleszynska



July 2016
WOW Gal
Odette Laurie



August 2016
WOW Gal
Angelica Rose



September 2016
WOW Gal
Dr. Joanna
Perken



October 2016
WOW Gal
Shihan Roxsane
Rysdae



November 2016
WOW Gal
Jennifer
Neustaedter



December 2016
WOW Gal
Odetta Lorimer



2017 WOW Gals

January 2017
WOW Gal
Julie
Christiensen



February 2017
WOW Gal
Daisy Duarte



March 2017
WOW Gal
Sandie Bellows



April 2017
WOW Gal
Karen Schenk



May 2017
WOW Gal
Charlotte Canion



June 2017 WOW Gal Una Wan



July 2017
WOW Gal
Mary Bosiu



August 2017
WOW Gal
Susan McKenzie



September 2017
WOW Gal
Suzanne Duncan



October 2017
WOW Gal
Cyndi Lauper



November 2017
WOW Gal
Theresa Barnabei



December 2017
WOW Gal
Caroline Holroyd



2018 WOW Gals

January 2018
WOW Gal
Elizabeth Rentz



February 2018
WOW Gal
Michelle
Obama



March 2018 WOW Gal Dr. Aviva Romm



April 2018
WOW Gal
Deborah
Richards



May 2018
WOW Gal
Tammy
Adams



June 2018 WOW Gal Tilda Shalof



July 2018

WOW Gal

Lauren Alaina



August 2018
WOW Gal
Heather



September 2018

WOW Gal

Virginia Phillips



October 2018

WOW Gal

Nancy Rathlou



WOW Gal Linda Ripa



December 2018

WOW Gal

Beth Hill Poulin



#### 2019 WOW Gals

January 2019
WOW Gal
Julie Boyse



February 2019
WOW Gal
Lacey Schwartz



March 2019
WOW Gal
Holly Ashford



April 2019
WOW Gal
Marissa Frizell



May 2019
WOW Gal
Kathy Bates



June 2019
WOW Gal
Ruby Kate
Chitsey



July 2019 WOW Gal Anna Lysakowska Karsten



August 2019
WOW Gal
Peggy Carter



September 2019 WOW Gal Erin Ball



October 2019
WOW Gal
Dodie Clark



November 2019
WOW Gal
Emilia Clarke



WOW Gal
Sue Thomas



#### 2020 WOW Gals

Janurary 2020 WOW Gal Medea Kalantar



February 2020 WOW Gal Ida Nambeya Mukuka



WOW Gal Charmaine Grace



April 2020 WOW Gal Bobbie (Haines) Johnston



May 2020 WOW Gal Brenda Toth



June 2020
WOW Gal
Dr. Anne Innis
Dagg



July 2020 WOW Gal Evette Michelle Phillips



August 2020 WOW Gal Destiny Blue



September 2020
WOW Gal
Jacqueline
Adan



October 2020 WOW Gal Rabbi Lisa Grushcow



November 2020 WOW Gal Sharron Colter



WOW Gal
Rosemary
Evangelista



January 2021
WOW Gal
Michelle Post



February 2021
WOW Gal
Louise Breton



March 2021
WOW Gal
Stacey Brisson



April 2021 WOW Gal Melissa Fung



May 2021
WOW Gal
Anita
Djurkovic



June 2021
WOW Gal
Joan Minnery



July 2021
WOW Gal
Mary Carson



August 2021
WOW Gal
Audrey
Winkelsas



September 2021
WOW Gal
Teressa Joubert



October 2021
WOW Gal
Valerie
Inksetter



WOW Gal
Senator Sarah
McBride



WOW Gal
Norma Lizotte



### We Invite YOU to Share Your WOW Gal Story! It doesn't have to be YOUR Whole Life Story...

Just a Glimpse into One or more of the Life Changing Experiences YOU have had that Helped YOU Become... Happier, Healthier, Wiser, Aware And / Or Knowledgeable.

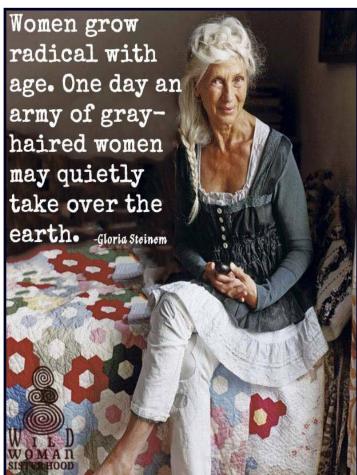
We wish Our Readers to Resonate & / Or Recognize a Mirror of a Part of Their Life or Someone They Know; To See Light At the End of the Tunnel WITHOUT actually being TOLD Or Given a List of Steps on How to. To Learn from Example Therefore...(No Article/Infomercial Type Stories... We are looking to share the journey...not just the happy ending) Send Your Re-Birth Story, A Good Head Shot, A FUN Shot, (Optional) Website link & Social Media Links To: thewomenofworthmagazine@gmail.com Or use Uploadable Form Now



desire is to keep your life in balance by offering a range of alternative modalities and to

To meet our members, make an appointment, check out our event calendar or receive our monthly newsletter, please visit our website. www.spiritualniagara.ca

assist you in becoming your authentic self.

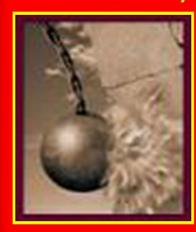




the Taxmans' Pocket. Become financially independent, www.mertenfinancial.ca



#### Removing YOUR Walls Of Lack & Delay The Creative Way

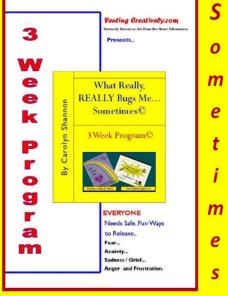




E-Workshop

VentingCreatively.com

#### What Really, Really Bugs Me...



#### VentingCreatively.com







**Professional Organizing** Services

#### www.mindoverclutter.ca

#### Let Us Help You With:

Residential De-clutterina

**Photo & Digital Organizing** 

Office & Computer Organizing

Virtual Organizing (Coaching)

**Downsizing & Relocations** 

**Mentoring for Organizers** 

**Speaking Engagements** 

Relieving stress by reducing your...



F

O

R

Mechanical **Emotional Systematic** Social

Call / Text for A Consultation! 905-321-1616

problems, otherwise known as M.E.S.S.

Bringing organization to your office And happiness to your home









A



Organizing systems to compliment your lifestyle and personality

www.mindoverclutter.ca



# Online Augusta 80% PROCEEDS TO

**MARCH 1-28, 2021** 

YOUR Bids Can...

Help Set An Abused Woman & her Children Free AND



Help a Woman & /or her Loved Ones living life with Cancer

I am a mother with cancer



Find out how you can support families with cancer today!

www.wellspringniagara.ca

## TAKE PEAK NOW BID STARTING MARCH 1

https://www.32auctions.com/ WOWGivestoWomenandCancer



Sponsored by Women of Worth Magazine as Part of Our 10 Year Anniversary WOW Gal Celebration March 27, 2021

Sponsor/Donate to Auction WOWGalCelebration.com







Celebrating WOW Gals, WOW Gal Angels & WOW Pet Angels Affectionately Known As "The WOW Gals" Every Women Has a WOW Gal Story



#### Thank YOU to Our Auction Donors.17.

**AVON HELGA JORDAN BASS PRO SHOP BIOPED GRIMSBY BOSTON PIZZA GRIMSBY CAA NIAGARA** CASABLANCA HOTEL GRIMSBY CASA TOSCANA GRIMSBY **COLOUR ME HAPPY DUTCHMANS GOLD HONEY EMPOWERMENT STARTS HERE FLAT ROCK CELLARS WINERY** FOODLAND VINELAND FRCKN' DELICIOUS GUMMY KITS **GARDEN CITY PHARMACY GARDEN HILTON INN NOTL HEAVENSENT MESSAGES HONEY CAKES BOOK SERIES HUMANN IRONWOOD CIDER (SUNBROOK WINERY) KACABA VINEYARDS & WINERY** KELSEY'S ORIGINAL ROADHOUSE - PEN CTR LET THE HEALING BEGIN **LIVING LRG** 

**LOWES** 

**MANDARIN RESTAURANT** 

**MARY KAY COSMETICS** 

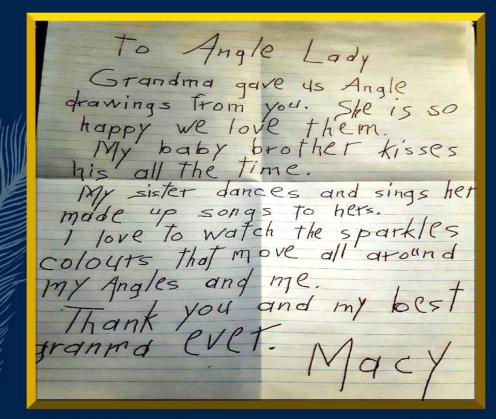
MC DONALDS RESTAURANTS

MELALEUCA BRENDA TOTH METRO FOOD WINONA CROSSSING **MOIRA BUSH ACADEMY** NORWEX LINDA WATSON **RED LOBSTER RESTAURANTS ROYAL CANADIAN LEG 230 RIDGEWAY SHERRY BROUZES FENG SHUI SHAWN & ED'S BREWERY** SHOPPERS DRUGMART GRIMSBY SIMPSON'S PHARMASAVE **SOBEY'S GRIMSBY** SOCKS ON THE DOCK VOXXLIFE SPIRITUAL NIAGARA STONEY CREEK FURNITURE **QUALITY INN GRIMSBY** TERESSA JOUBERT MEDIUM THE ANGEL MESSENGER **THE GAL SPEAKS** THE KEG STEAKHOUSE & BAR THE OPUS TEAM DEREK KEYES **TIM HORTONS** TPH THE PRINTING HOUSE **WALDEMAR GUENTHER - AUTHOR VENTING CREATIVELY VINELAND ESTATES** 

**WEST NIAGARA ANIMAL HOSPITAL** 

YOUR NEXT STEP TO POSSBILITY

#### A Child's Letter To ... The 'Angel Lady'



ONLY
Name &
Birthday
Required

#### **WOW Anniversary Gift!**

Children's Guardian Angel Portraits & Mission Message \$50.00 (2021 ONLY!)

(Remember...
The portrait will evolve as your child does so take a photo as soon as you receive it!!!)

"I am honoured to Sponsor the featured WOW Gal Angels Congratulations to... Women of Worth Magazine

Gloria Messenger is...
The Angel Messenger.com

#### **FEATURED WOW Gal ANGELS**

#### 2014 WOW Gal Angels

January 2014
WOW Gal
"ANGEL"
Laura Fitzpatrick



February 2014
WOW Gal
"ANGEL"
Wilma Meyers



WOW Gal
"ANGEL"
Edna Coombes



April 2014
WOW Gal
"ANGEL"
Joan Mary
(Montgomery)
Harvey



May 2014
WOW Gal
"ANGEL"

Jeannine O'Neill



June 2014
WOW Gal
"ANGEL"
Anne Toth



July 2014
WOW Gal
"ANGEL"
Pattie Noel



August 2014
WOW Gal
"ANGEL"
Rehtaeh Parsons



September 2014
WOW Gal
"ANGEL"
Monica Golubinski



October 2014
WOW Gal
"ANGEL"
Helen White



November 2014
WOW Gal
"ANGEL"
Elisabeth Louisa
(Striemer) Koll



WOW Gal

"ANGEL"

Elsie Ann (Ford)

Downey



#### 2015 WOW Gal Angels

January 2015
WOW Gal
"ANGEL"
Linda (Messenger)
Callendar



February 2015
WOW Gal
"ANGEL"
Carmella (Tonnah)
Silvio



March 2015
WOW Gal
"ANGEL"
Chantal Louise
Commerford



April 2015
WOW Gal
"ANGEL"
Marsha Ellen
Meidow



MAY 2015
WOW Gal
"ANGEL"
Nameless One



June 2015
WOW Gal
"ANGEL"
Frances Louisa
Shriner



July 2015
WOW Gal
"ANGEL"
Army Sgt.
Simone Robinson



WOW Gal

"ANGEL"

Florence May
(Hanneberry Fitzpatrick)

Bowles

August 2015



September 2015
WOW Gal
"ANGEL"
Parvati Bai



October 2015
WOW Gal
"ANGEL"
Lesley Sue
(Goldstein) Gore



NOVEMBER 2015
WOW Gal
"ANGEL"
Martha Raye



December 2015
WOW Gal
"ANGEL"
Inge Pfeiffer



#### 2016 WOW Gal Angels

January 2016

WOW Gal

"ANGEL"

Irena (Krzyżanowska)

Sendler



February 2016
WOW Gal
"ANGEL"
Margaret Ann
(Harfitt) Hunt



March 2016
WOW Gal
"ANGEL"

Dr. Jane Claypool



April 2016
WOW Gal
"ANGEL"
Linda (Owen)
Sullivan



MAY 2016
WOW Gal
"ANGEL"
Doris May
(Green) Roberts



JUNE 2016
WOW Gal
"ANGEL"
Lori Webb
(Morellato)



July 2016
WOW Gal
"ANGEL"
Beverly Anne
Haskins



August 2016
WOW Gal
"ANGEL"
Wendy Martina
May Fraser



September 2016
WOW Gal
"ANGEL"
Barbara Jordan



October 2016
WOW Gal
"ANGEL"
Kea Donalda
Mckay Reid



November 2016
WOW Gal
"ANGEL"
Clara Bragagnolo
aka Grandma Braggs



DECEMBER 2016
WOW Gal
"ANGEL"
"King" Christina



#### 2017 WOW Gal Angels

January 2017
WOW Gal
"ANGEL"
Diane McGee



February 2017
WOW Gal
"ANGEL"
Cindy Stowell



March 2017
WOW Gal
"ANGEL"

Dawn Marcus



April 2017
WOW Gal
"ANGEL"

Dr. Bessica Raiche



May 2017
WOW Gal
"ANGEL"

Donna Gloria
(Clarke) Mawhin



June 2017
WOW Gal
"ANGEL"
Phyllis Ada
(Driver) Diller



July 2017
WOW Gal
"ANGEL"
Virginie Charpentier
Southam Bijon



August 2017
WOW Gal
"ANGEL"
Army Pfc.
Patricia L. Horne



September 2017
WOW Gal
"ANGEL"
Christine Cresswell



October 2017
WOW Gal
"ANGEL"
Shirley Carr



November 2017
WOW Gal
"ANGEL"

Daphne Caruana
Galizia



December 2017
WOW Gal
"ANGEL"
Laurie DiLibero



#### 2018 WOW Gal Angels

WOW Gal
"ANGEL"

June Rowlands



February 2018
WOW Gal
"ANGEL"
Rosa Parks



March 2018
WOW Gal
"ANGEL"

Myrtle Messenger



April 2018
WOW Gal
"ANGEL"
Rebecca Schofield



May 2018
WOW Gal
"ANGEL"
Rose Marie (Guy)



June 2018
WOW Gal
"ANGEL"
Gilda Radner



July 2018
WOW Gal
"ANGEL"
Amy Krouse
Rosenthal



August 2018
WOW Gal
"ANGEL"
Barb (Goldner)
Shipon



WOW Gal

"ANGEL"

Jessie Isobel

(Allin) MacKenzie



October 2018
WOW Gal
"ANGEL"
Margaret (Peggy)
Irene Westlake



November 2018
WOW Gal
"ANGEL"
Janet Howes



WOW Gal
"ANGEL"
Ginny (Virginia)
Kirsch



#### 2019 WOW Gal Angels

January 2019
WOW Gal
"ANGEL"
Florence Meisner



February 2019
WOW Gal
"ANGEL"
Aretha Franklin



March 2019
WOW Gal
"ANGEL"
Victoria Woodhull



April 2019
WOW Gal
"ANGEL"
Miranda Bauer



May 2019
WOW Gal
"ANGEL"
Jean Jensen



June 2019
WOW Gal
"ANGEL"
Kolleen Roberts



July 2019
WOW Gal
"ANGEL"

Dorothy
Rungeling



August 2019
WOW Gal
"ANGEL"
Mary Jane
Colter



WOW Gal
"ANGEL"

General Anna Mae
(McCabe) Hays



October 2019
WOW Gal
"ANGEL"
Chelsea Anne
Michelle Brown



November 2019
WOW Gal
"ANGEL"
Natanya Natalia
Pillay



WOW Gal
"ANGEL"
Lois Olive (Hall)
Cunningham



#### 2020 WOW Gal Angels

January 2020
WOW Gal
"ANGEL"
Ruth (Fitzpatrick)
Panteluk



February 2020
WOW Gal
"ANGEL"
Linda Brown
Thompson



WOW Gal
"ANGEL"
Rosalind Elsie
Franklin



April 2020
WOW Gal
"ANGEL"
Elizabeth Cochrane
Seaman aka
Nellie Bly



May 2020
WOW Gal
"ANGEL"

Lindsey Lourenco



June 2020
WOW Gal
"ANGEL"
Henrietta
(Pleasant) Lacks



July 2020
WOW Gal
"ANGEL"
Linda Ann
(Neily) Preston



August 2020
WOW Gal
"ANGEL"
Ruth (Muskrat)
Bronson



WOW Gal

"ANGELS"

ALL Suffragettes



October 2020
WOW Gal
"ANGELs"
Rabbi Regina Jonas



WOW Gal

"ANGELs"

Senior Officer

Erica McAdoo



December 2020
WOW Gal
"ANGEL"
Elsie MacGill



#### 2021 WOW Gal Angels

January 2021
WOW Gal
"ANGEL"
Carol Ann
(Hutchinson) Williams



February 2021
WOW Gal
"ANGEL"
Linda (Potas)
Sylvain



March 2021
WOW Gal
"ANGEL"
Elinor (Fletcher)
Jones



April 2021
WOW Gal
"ANGEL"
Viola Irene
Desmond



May 2021
WOW Gal
"ANGEL"
Pauline (Pahach)
Yawney



June 2021
WOW Gal
"ANGEL"
Katharine Coleman
Goble Johnson



July 2021
WOW Gal
"ANGEL"
Madam C.J. Walker



August 2021
WOW Gal
"ANGEL"
Helen Patterson



September 2021
WOW Gal
"ANGEL"
Toni Morrison



October 2021
WOW Gal
"ANGEL"

Emma Leckey



November 2021
WOW Gal
"ANGEL"
Billie (Eleanora
Fagan) Holliday



WOW Gal

"ANGEL"

Maryanne

Fletcher Harden



#### Have a WOW Gal Angel Tribute to share?

Loved a Woman who has passed away?

Do a Heartfelt Tribute!

Celebrate her as a WOW Gal ANGEL!

Yes Men can too!

We invite you to share 3-5 fond memories, how they impacted your life / the lives of others along with 1-2 photos to us.

(BE SURE TO Include their Full Name)

View Angel Tributes here: WOWGalAngels.com

Submit Tributes To: (Uploadable Form)

thewomenofworthmagazine@gmail.com



#### And Thank You to ...







The Big Blue Paw

Inspired Ideas for Pets.....and Their People

Products & Services Inspired by Pets .....and Their People Designed & Crafted To Support All Aspects of Healthy Living

Natural Treats - Single Ingredient, Small Batch

Energy Healing Gemstones & Therapies - Products and Therapies Chosen By and Customized for Each Pet

Paracord Accessories for Pets and People - Collars, Leads, Bracelets & Keychains Hand-crafted for Beauty & Durability

> Our Keychain Program Supports Local Animal Welfare & Rescue Efforts

> > Lyn (Marilyn ) Melanson 905-682-5395 bigbluepaw20@gmail.com

#### FEATURED WOW Pet ANGELS

#### 2019 WOW Pet Angels

WOW Pet
Angel
Sammy
Shannon



February 2019
WOW Pet
Angel
Kitty Haines



WOW Pet Angel Samantha Thomson



April 2019
WOW Pet
Angel
Bicardi
Fitzpatrick



WOW Pet
Angel
Cody
Thomson



June 2019
WOW Pet
Angel
Peanut Butter
Thomson



July 2019
WOW Pet
Angel
Midnight
High



August 2019
WOW Pet
Angel
Woody (Woodstock)
Yamaduki/Hardy



WOW Pet
Angel
Ralph
Fitzpatrick



October 2019
WOW Pet
Angel
Jesse Bell



WOW Pet
Angel
Seffie Beautiful



WOW Pet
Angel
Pixie Ogle



#### 2020 WOW Pet Angels

January 2020
WOW Pet
Angel
Quazar
Scott-Krajcovic



February 2020

WOW Pet

Angel

Ginger

Fitzpatrick Cameron



March 2020
WOW Pet
Angel
Molly
Brunette



#### 2020 WOW Pet Angels Continue

April 2020
WOW Pet
Angel
Prince Augustus
(Gus for Short)



May 2020 WOW Pet Angel Kitty Purry



June 2020
WOW Pet
Angel
Scruffy Lowrey



July 2020 WOW Pet Angel Crockett Billings



August 2020 WOW Pet Angel Sasha Royer



WOW Pet
Angel
Shadow Toth



October 2020 WOW Pet Angel Curley Royer



WOW Pet
Angel
Magic Upper



WOW Pet
Angel
Brutus Colter



#### 2021 WOW Pet Angels

January 2021 WOW Pet Angel Rusty Poulin



February 2021
WOW Pet
Angel
Jo Jo
Hutchinson



March 2021
WOW Pet
Angels
Ella Francis &
Audrey Elizabeth



April 2021
WOW Pet
Angel
One Eye
Hutchinson



May 2021
WOW Pet
Angel
BeBe Boi
Djurkovic



June 2021
WOW Pet
Angel
Rusty
Hutchinson



July 2021 WOW Pet Angel THE BOO



August 2021
WOW Pet
Angel
Nutty Bunny
Hutchinson



September 2021
WOW Pet
Angel
Faith Cannings



October 2021

WOW Pet

Angel

Nanuq

Dobbyn



November 2021
WOW Pet
Angel
Samuri (Sammy)
Royer



WOW Pet
Angel
Rafa Panteluk



#### Have a WOW Pet Angel Tribute to share?

Loved a Pet who has passed away?

Do a Heartfelt Tribute!

Celebrate them as a WOW Pet ANGEL!

Yes, make it a Family Tribute!

We invite you to share 3-5 fond memories, how they impacted your life / the lives of others along with 2-3 photos to us.

(BE SURE TO Include their Full Name)

View Angel Tributes here: WOWPetAngels.com

Submit Tributes To: (Uploadable Form)

thewomenofworthmagazine@gmail.com



Looking for

Direction! Clarity!

A new Vision of Your Future?

Then it's time to take....



- Start living with more purpose and passion
- Get crystal clear on what you want to have, be, and do
- Develop new strategies to step into that new vision of your future
- Book a Next Step Discovery Session with

#### Charmaine Grace

Law of Attraction Life Coach, Passion Test Facilitator, Speaker
Email: Charmaine@CharmaineGrace.com
Webpage: www.CharmaineGrace.com
905-941-5669

# Inspire Connect Collaborate

Together we can improve the lives of all women - regionally, provincially, nationally and globally!





Business & Professional Women Niagara Falls Over 100 Years Women Working for Women www.bpwniagarafalls.com

Advocacy, Professional Development, Leadership Skills, Networking & Friendship

With BPWs throughout Ontario, Canada & the world, including Young BPW, we are 口深口

THE VOICE FOR WOMEN

#### Thank YOU to ... Our WOW Event Zoom Co-Pilot



#### EFFECTIVE ORGANIZING

A PLACE FOR EVERYTHING ...





• 905 REAL JOB •

905 \* 732 \* 5562

HOLISTIC PLANNING - HANDS ON

SIMPLY.JOCELYNE@GMAIL.COM

JOCELYNE DESAUTELS



Thank YOU to the Contributor of Love Gift Donations!

Julie Stobbe,

Mind over Clutter



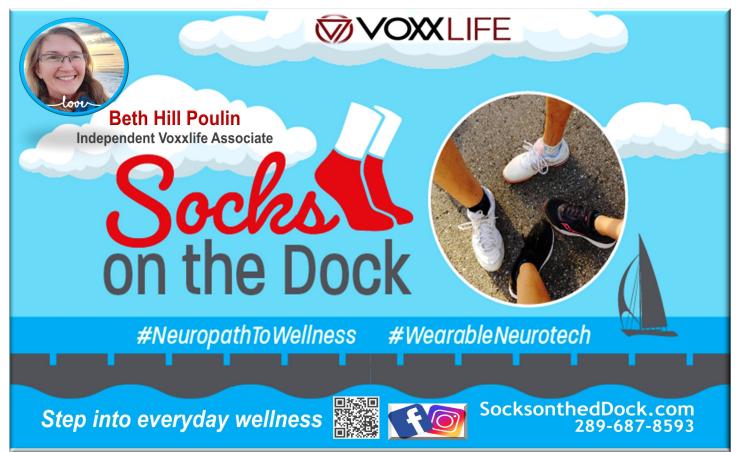
Making It Possible for a Women Currently in Need to Attend!

\$50









# Our 2021 Event / Auction Fundraiser Recipients are





Why your involvement and support is so vital to Wellspring Niagara?

"Life and cancer doesn't end at the hospital and Wellspring Niagara is always here for us. We feel very fortunate to have it in our lives." -- Wendy Gauthier, Wellspring Niagara Member

#### **Women of Worth Magazine Online Silent Auction**



August 25, 2020

Women of Worth Magazine 4416 Morrison Street Niagara Falls, ON L2E 2B3

On behalf of **Wellspring Niagara Cancer Support Foundation**, thank you for choosing our organization and making our charity one of the recipients of the **Women of Worth Magazine Online Silent Auction** running from **March 1-28, 2021**. Money raised from this auction will directly benefit the many cancer support programs and services, offered free of charge, to the people of Niagara who are impacted by cancer in their lives.

Wellspring Niagara is a Regional Cancer Support Centre that offers free social, emotional, psychological, rehabilitative and informational support to people coping with the realities of cancer every day. A not-for-profit charitable organization, Wellspring Niagara opened its doors in June 2001 and serves residents from all across the Niagara Region. Every year since, Wellspring Niagara has raised the funds required for its operations because of the generous financial and voluntary support received from the people and businesses in Niagara - the community we serve.

Wellspring Niagara receives **NO** government funding and is not supported by any other cancer-related organization. We rely solely on the financial support of the community we serve, where 100% of the proceeds we raise stay in the Niagara Region. As **Niagara's only cancer support centre**, the demand for our programs and services are at an all-time high, with new needs continuing to emerge. In order for Wellspring Niagara to continue meeting this ever-growing need, we must raise the necessary funds to provide quality-based programming to those we are serving today and will serve in the future Our new home, located at 50 Wellspring Way in Fonthill, currently offers over 45 free programs and services that have been a lifeline

for hundreds of people each year. Wellspring Niagara has grown from registering 700 attendances in 2001 (73 people) to registering 6,731 attendances (980 people) in 2019.

We hope that the generosity from corporate

friends of gifts-in-kind, will help you with the

resources needed for a successful fundraising

auction. Through their generous support they will

be making a positive impact in our community and

to the hundreds of families that make use of our

Wellspring Niagara programs and services include, but not limited to:
• Individual & Group Support (patient, caregiver and bereaved)

- Individual & Group Support (patient, caregiver and bereaved)
   Coping Skills (Yogg, Oi Gong, Tai Chi, Pelayation for Self-Care)
- Coping Skills (Yoga, Qi Gong, Tai Chi, Relaxation for Self-Care)
   Expressive Therapies (Art Therapy, Drumming, Quilting, Life Writing)
- Nourish Programs (Expert-led Nutrition-based Educational Workshops)
- Cancer Exercise (restoring and improving the physical well-being of individuals who are undergoing or have completed cancer treatment)
- Children's Programs (child and teen counselling, support for pediatric oncology patients, and children who have family member with cancer)

Again, thank you for your consideration. If you require further information, please do not hesitate to contact Phil Gourlay, Development Officer, Events & Community Outreach at 905-684-7619.

Together, we will continue to build hope for those living with cancer in Niagara.

\$2,000.00

Sincerely,

Ann Mantini-Celima Executive Director Phil Gourlay

Development Officer, Events & Community Outreach

Wellspring Niagara, 50 Wellspring Way, Fonthill, ON LOS 1E6
Tel: 905-684-7619 Toll-free: 1-888-707-1277 Website: www.wellspringniagara.ca CRA# 86414 6162 RR0001







Women's Place of South Niagara Inc. P.O. Box 853 Niagara Falls, ON L2E 6V6

August 26, 2020

Women of Worth Magazine 4416 Morrison Street Niagara Falls, ON L2E 2B3



Women's Place is pleased to be one of the two charities chosen to be a recipient of your fundraising efforts aligned with your 10 year celebration! The 40-45% of the proceeds raised from your Women of Worth Magazine Online Silent Auction running from March 1-28, 2021 will directly benefit women and children in Niagara affected by domestic abuse.

Women's Place of South Niagara provides essential life services by assisting thousands of women whose lives have been devastated by violence. The programs and services that your donation will support include; safe shelter, counselling for women and their children, legal advocacy, transitional housing and support, as well as child and youth programs. In 2019/2020, our shelters received 3,309 supports calls, provided safe shelter to 314 women and children and assisted hundreds of additional women and children through our outreach programs and services. These programs and services were only possible because of you and generous donors like you.

Although Women's Place receives approximately 68% of our funding through the Ministry of Social Services, there still presents a significant gap of over \$550,000 to fundraise to maintain the services that are currently offered. It is vital that this goal is met to ensure that there is always a place for Women and children to turn to when they are in need. Your gift will provide hope and help for children dealing with and healing from the trauma they have experienced.

Thank you in advance for your efforts and partnership!

amarda Braet

Amanda Braet Development Director

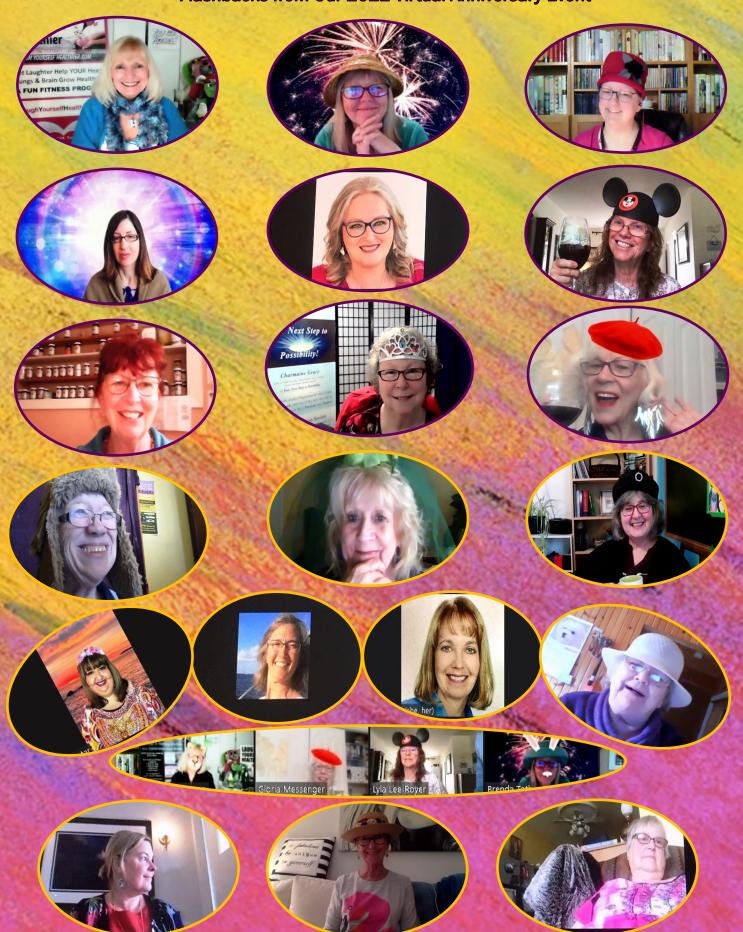
P: 905-356-3933 F: 905-356-5522 Charitable Registration Number 131135717RR0001



\$2,000.00

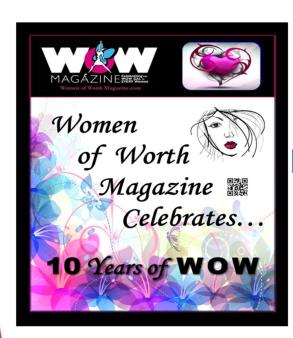


#### Flashbacks from Our 2021 Virtual Anniversary Event





Featured WOW Gals



Featured Women Angels



Featured Pet Angels



#### **LIFEWAVE**

**Latest Technology** •Elevate •Activate •Regenerate Safe • Non invasive • Easy to use • Cost effective

- √ Better Quality Sleep
- √ Higher energy & vitality
- √ Rapid pain relief
- √ Mental clarity
- √ Mood enhancement
- √ Reduced inflammation
- √ Rapid wound healing
- √ Improved skin appearance
- √ Enhances sports performance
- √ Quick recovery from exercise



**Patti Ballin** Distributor/Manager **WOW Silver Sponsor** 



100% natural light therapy. Your body repairs & heals itself.





# **Anniversary Gold Sponsor**

Women of Worth Magazine



Features Women Whose Stories are a Reflection of Many



To Inspire, Empower and/or Heal others simply through their telling